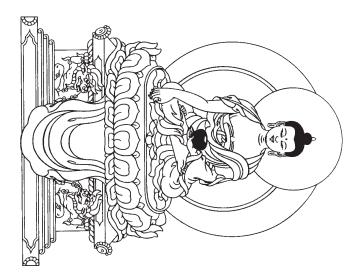


Foundation for the Preservation of the Mahayana Tradition Education Services

Praise by Way of the Twelve Deeds



By Jigten Gönpo, Protector of Drikung Translated by Martin Wilson



IFIPMIT IEdurcation Department



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One of our principal objectives is to serve as a repository for a wide variety of practice texts primarily within the Gelug tradition, especially those authored or translated by Lama Zopa Rinpoche and Lama Thubten Yeshe. We work in close collaboration with the Lama Yeshe Wisdom Archive, Boston, Massachusetts, which serves as a repository for the commentaries and transcripts of teachings by Lama Zopa Rinpoche and Lama Yeshe.

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Praise by Way of Twelve Deeds



Care of Dharma Books



Dharma books contain the teachings of the Buddha; they have the power to protect against lower rebirth and to point the way to liberation. Therefore, they should be treated with respect – kept off the floor and places where people sit or walk – and not stepped over. They should be covered or protected for transporting and kept in a high, clean place separate from more mundane materials. Other objects should not be placed on top of Dharma books and materials. Licking the fingers to turn pages is considered bad form as well as negative karma. If it is necessary to dispose of written Dharma materials, they should be burned rather than thrown in the trash. When burning Dharma texts, it is taught to first recite a prayer or mantra, such as OM, AH, HUM. Then, you can visualize the letters of the texts (to be burned) absorbing into the AH and the AH absorbing into you, transmitting their wisdom to your mindstream. After that, as you continue to recite OM, AH, HUM, you can burn the texts.

Lama Zopa Rinpoche has recommended that photos or images of holy beings, deities, or other holy objects not be burned. Instead, they should be placed with respect in a stupa, tree, or other high, clean place. It has been suggested to put them into a small structure like a bird house and then seal the house. In this way, the holy images do not end up on the ground.

Praise of the Lord, Our Teacher, By Way of His Twelve Deeds



Introduction

This praise is found in the Tängyur, attributed to Nagarjuna; according to the Tohoku catalogue it was translated into Tibetan by Patshab Nyima Drag (11th century). This attribution seems unlikely. Modern editions say it was composed by the great Kagyu Lama, Drikung Chhöje Jigten Gönpo, or Drikungpa, whose collected writings it opens. He lived from 1143 to 1217 and is named after the monastery of Drikung, northeast of Lhasa, which he established in 1179; it became the center of the Drikung Kagyu school.

Drikungpa was known to his contemporaries as the Second Nagarjuna and is reckoned to have been Nagarjuna's incarnation. This may help explain the confused attribution. When he taught, even the water used to go "lu dup, lu dup" – the Tibetan for Nagarjuna.

The list of twelve deeds here is unusual, with several more deeds after the Enlightenment than normal, and fewer before. Verses 1 and 16 to 18 are later additions, absent from the Tängyur version. This praise is sometimes chanted at sojong.





Praise By Way of Twelve Deeds

Thab khä thug je zhug so



Thab khä thug jei sha kyäi rig thrung shing Zhän gyi mi thub dü yi pung chom pa Ser gyi lhün po ta bur ji päi ku Sha kyäi gyäl po de la chhag tshäl lo

Gang gi dang por jang chhub thug kye nä Sö nam ye she tshog nyi dzog dzä ching Dü dir dzä pa gya chhen dro wa yi Gön gyur khyö la dag gi tö par gyi

Lha nam dül dzä dül wäi dü zig nä Lha lä bab nä lang chhen tar sheg te Rig la zig nä lha mo gyu thrül mäi Lhum su zhug par dzä la la chhag tshäl lo

Da wa chu dzog sha kyāi sā po ni Tra shi lu mi tshāl du tam pāi tshe Tsang dang gya jin gyi tü tshān chhog ni Jang chhub rig su nge dzā chhag tshāl lo

Zhön nu tob dän mi yi seng ge de OM ga ma dhar ni gyu thrül tän Kye wo dreg pa chän nam tshar chä nä Drän da me par dzä la chhag tshäl lo

Jig ten chho dang thün par ja wa dang Kha na ma tho pang chhir tsün ma yi Khor dang dän dzä thab la khä pa yi Gyäl si kyong war dzä la chhag tshäl lo

Khor wài ja wa nying po me zig nä Khyim nä jung te kha la sheg nä kyang Chhö ten nam dag drung du nyi lä nyi Rab tu jung bar dzä la chhag tshäl lo



Dedication and Auspicious Wishes



Through the virtue of praising briefly thus
The manner of deeds of the lord, the doctrine's master,
May the conduct of all migrating beings
Be similar to the Sugata's own deeds!

As your body is, Tathagata,
As your entourage and length of life,
[Buddha-] land and excellent, supreme marks,
So may mine and others' become too!

Through these praises and requests to you, In the lands where I and others dwell, Quelling sickness, poverty and conflict, Please let Dharma and good fortune flourish!

By the Teacher's coming to the world, By his doctrine's brilliance, like sunlight, And by close accord of its holders and their disciples Long may the doctrine abide – let all be auspicious!

Colophon

Extracted from Shakyamuni Puja, Worshipping the Buddha, translated by Martin Wilson. Reprinted with permission from Wisdom Publications, www.wisdompubs.com. Lightly edited and phonetics replaced with FPMT phonetics by Kendall Magnussen, FPMT Education Services, March 2003. Cover line drawing by Andy Weber.





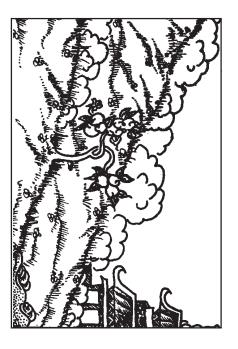
Dedication and Auspicious Wishes

De tar tăn păi dag po chom dăn gyi Dză pai tshül la do tsam to pa yi Ge wa dro wa kün gyi chö pa yang De sheg nyi kyi dză dang tshung par shog

De zhin sheg pa khye ku chi dra dang Khor dang ku tshei tshä dang zhing kham dang Khye kyi tshän chhog zang po chi dra wa De dra kho na dag sog gyur war shog

Khyö la tö ching sol wa tab päi thü Dag sog gang du nä päi sa chhog der Nä dang bül phong thab tsö zhi wa dang Chhö dang tra shi phel war dzä du söl

Tön pa jig ten kham su jön pa dang Tän pa nyi ö zhin du säl wa dang Tän dzin bu lob shin tu thün pa yi Tän pa yün ring nä päi tra shi shog



Praise By Way of Twelve Deeds

Homage to Buddha Shakyamuni!



Through skillful compassion born in the Shakya clan, Unconquered One, subduer of Mara's horde, Your body shining like a pile of gold, King of the Shakyas – homage to you!

You who first produced the thought of bodhi, Then completed both accumulations Merits and wisdom – with vast deeds becoming Beings' protector in this age, I'll praise.

Knowing, O tamer of gods, it was time to tame [us]. You came, descending from heaven as an elephant, Saw your caste, and entered in the womb Of Queen Maya – homage to this deed!

When, ten months completed, you were born Shakya Prince, in fortunate Lumbini Grove, Supreme marks honoured by Brahma and Sakra confirmed Your bodhi-lineage – homage to this deed!

As a powerful youth, lion among men, You showed your skill in Anga-Magadha, Put an end to men of pride, and had None to match you – homage to this deed!

By skillful means, to conform to the laws
Of the world, and for avoidance of
Blameworthiness, you ruled at court, possessed
Of female retinue – homage to this deed!

Seeing samsaric doings had no essence, You left your home and, going in the air, Gave yourself the going forth, before The Quite Pure Sanctuary – homage to this deed!





Tsön pä jang chhub drub pa gong nä kyang Näi ra dza näi dram du lo drug tu Ka wa chä dzä tsön drü thar chin nä Sam tän chhog nye dzä la chhag tshäl lo

Thog ma me nä bä pa dön yö chhir Ma ga nga yi jang chhub shing drung du Kyil trung mi yo ngön par sang gyä nä Jang chhub dzog par dzä la chhag tshäl lo

Thug je dro la nyur du zig nä ni Va ra na si la sog nä chhog tu Chhö kyi khor lo kor nä dül ja nam Theg pa sum la go dzä chhag tshäl lo

Zhän gyi göl wa ngän pa tshar chä nä Mu teg tön pa drug dang lhä jin sog Khor mo jig gi yül du du nam tul Thub pa yül lä gyäl la chag tshäl lo

Si pa sum na pe me yön tän gyi Nyän du yö par chho thrül chhen po tän Lha mi dro wa kün gyi rab chhö de Tän pa gyä par dzä la chhag tshäl lo

Le lo chän nam chho la kül wäi chhir Tsa chhog drong gi sa zhi tsang ma ru Chhi me dor je ta büi ku shig nä Nya ngän da bar dzä la chhag tshäl lo

Yang ga nyi du jig pa me zig kyang Ma ong sem chần số nam sag jãi chhir De nyi du ni ring sel mang trul nã Ku dung chha gyã dzã la chhag tshãl lo



Thinking to reach enlightenment through effort, You practiced for six years austerities On Nairanjana's bank, and perfecting energy, Won highest dhyana – homage to this deed!

To make worthwhile your efforts without beginning, Sitting beneath the Bodhi-tree in Magadha In unshakeable posture, you fully awakened To perfect bodhi – homage to this deed!

Swiftly observing beings with compassion, In holy places like Varanasi You turned the Wheel of Dharma, setting disciples On the three vehicles – homage to this deed!

To put an end to evil opposition,
At Gaya in Bhanga you subdued the maras.
Devadatta, six Tirthika teachers and others.
Sage victorious in battle - homage to you!

With qualities unmatched in the three worlds, At Sravasti you showed a mighty miracle, Worshipped by all beings divine and human, Spreading the doctrine – homage to this deed!

To exhort the lazy to be quicker,
At the pure site Kusinagari
You destroyed your deathless, vajra-like body,
Ent'ring Nirvana – homage to this deed!

So future sentient beings could gather merits, And because really there was no destruction, You manifested many relics there, Remains in eight portions – homage to this deed!

