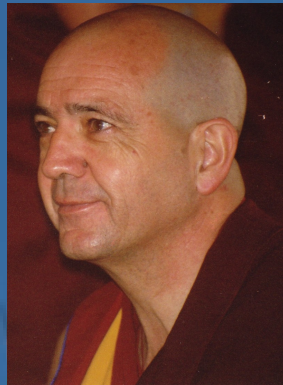


De-Tong Ling Retreat Centre  
**3<sup>rd</sup> Annual 10 Day  
Lam-Rim Meditation Retreat**

October 7<sup>th</sup> – October 17<sup>th</sup> 2010  
with  
Venerable Thubten Dondrub



A monk for over 30 years, Venerable Dondrub is one of FPMT's senior western teachers. He has led many of the famous one month Lam-rim courses at Kopan in Nepal. His guided meditations on the *Lam-Rim* (the graduated path to enlightenment) are powerful catalysts to bring about deep, effective change in our hearts and lives.

De-Tong Ling is an FPMT national retreat centre on Kangaroo Island in South Australia. Set within 1300 hectares of wilderness, it offers abundant silence, pure water and air, with long views out to sea. October is a time of wildflowers and mild weather. Accommodation ranges from under canvas to four star.

*NB – This 10 day retreat fulfils the retreat requirement of Module 14 of the 'Discovering Buddhism' course.*

**Camping: \$385**

**Dormitory style: \$450**

**Four star: \$590**

*Places limited to 20 people. All meals and accommodation included.*

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Bookings and enquiries: phone: 08 8559 3276 or 08 8553 2670  
email: [info@detongling.org](mailto:info@detongling.org)  
website: [www.detongling.org](http://www.detongling.org)



De-Tong Ling Retreat Centre is affiliated with the FPMT