

## Ganden Tripa Khen Rinpoche Rizong Rinpoche



Born in Ladakh in the early 1930s, Khen Rinpoche Rizong Rinpoche was recognized and enthroned as a child as the reincarnation of the founder of Rizong Hermitage.

In the mid-1940s Rinpoche joined Drepung Loseling Monastery in Lhasa for his higher training, remaining until the Chinese takeover of Tibet in 1959. He then joined His Holiness the Dalai Lama and the Tibetan exile community in India. He was appointed by His Holiness as Abbot both of Gyumed Tantric Monastery and of Drepung Loseling, two of the main Gelugpa monasteries.

Rinpoche was appointed as the Ganden Tripa, the spiritual head of the Gelugpa lineage, in October 2009.

Rinpoche has made the practice of meditation his principal focus in life, and has conducted numerous extensive retreats, including a three-year tantric retreat on the Yamantaka mandala in a remote hermitage in Ladakh. He is known for his achievements in practice and scholarship in both the sutra and tantra traditions.